

September 2016 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Ranch Roasted Pork Loin Mashed Potatoes & Gravy Roasted Carrots Dinner Roll Salad Bar/Fruit Milk	2 Flatbread Pizza Caesar Salad Fruit Salad Bar Milk
5 NO SCHOOL	6 Corn Dog Mac & Cheese Green Beans Salad Bar/Fruit Milk	7 Crispy Beef Taco Spanish Rice Refried Beans Chips and Salsa Salad Bar/Fruit Milk	8 Chicken Wrap Sunchips Caesar Salad Salad Bar Fruit Milk	9 Cheeseburger French Fries Lettuce, Tomato, Pickles Salad Bar/Fruit Milk
12 Ham & Cheese Flatbread Ruffles Carrot Sticks Salad Bar/Fruit Milk	13 Baked Potato Bar Boneless Chicken Wings Dinner Roll Salad Bar/Fruit Milk	14 Homemade Beef Burrito Refried Beans Chips and Salsa Fruit Salad Bar Milk	15 Chicken Penne & Tomato Cream Sauce Pizza California Blend Vegetables Breadstick Salad Bar/Fruit Milk	16 Frozen Dessert Fruit Salad Bar Milk
19 Popcorn Chicken Mashed Potatoes and Gravy Green Beans Dinner Roll Salad Bar/Fruit Milk	20 Lasagna Caesar Salad Breadstick Salad Bar/Fruit Milk	21 Roasted Chicken Breast Roasted Carrots Dinner Roll Pasta Salad Salad Bar/Fruit Milk	22 Frito Chili Pie Chili Beans Cheese and Onions Salad Bar/Fruit Milk	23 BBQ Beef Sandwich Ranch Roasted Potatoes Onion, Pickles, Jalapenos Salad Bar/Fruit Milk
26 Cajun Chicken Pasta Green Beans Breadstick Salad Bar/Fruit Milk	27 Glazed Ham Loaded Mashed Dinner Roll Salad Bar/Fruit Milk	28 Meatball Sub Caesar Salad Ruffles Salad Bar/Fruit Milk	29 Hand-Rolled Chicken Taquitos Refried Beans Spanish Rice Chips and Salsa Salad Bar/Fruit Milk	30 Pulled Pork Sandwich Sweet Potato Fries Fruit Salad Bar Milk
This institution is an equal opportunity provider				

September 2016 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancakes (2 each) Sausage Cereal Fruit Juice Milk	2 Cinnamon Roll Cereal Fruit Juice Milk
	5 NO SCHOOL	6 Ham, Egg, & Cheese English Muffin Cereal Fruit Juice Milk	7 Biscuit and Gravy Cereal Fruit Juice Milk	8 Donut Cereal Fruit Juice Milk
	12 Sausage Biscuit Cereal Fruit Juice Milk	13 Breakfast Burrito Cereal Fruit Juice Milk	14 Yogurt Parfait Cereal Fruit Juice Milk	15 French Toast Sticks (3 each) Cereal Fruit Juice Milk
	19 Pancake on a Stick Cereal Fruit Juice Milk	20 Breakfast English Muffin (egg patty, sausage, cheese) Cereal Fruit Juice Milk	21 Biscuit and Gravy Cereal Fruit Juice Milk	22 Blueberry Pancake Bites Cereal Fruit Juice Milk
	26 Biscuit and Gravy Cereal Fruit Juice Milk	27 Waffle (1) Scrambled Eggs Cereal Fruit Juice Milk	28 Breakfast Burrito Cereal Fruit Juice Milk	29 French Toast Bites Cereal Fruit Juice Milk
				30 Cinnamon Roll Cereal Fruit Juice Milk
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