

November, 2016 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 *Breakfast Taco Cereal Fruit Juice Milk	2 Blueberry Muffin Trix Yogurt Cereal Fruit Juice Milk	3 Toast Scrambled Eggs Cereal Fruit Juice Milk	4 Cinnamon Roll Cereal Fruit Juice Milk
7 Pancake on a Stick Cereal Fruit Juice Milk	8 Biscuit & Gravy Cereal Fruit Juice Milk	9 Waffle (1) Scrambled Eggs Cereal Fruit Juice Milk	10 Yogurt Parfait Cereal Fruit Juice Milk	11 Donut Cereal Fruit Juice Milk
14 Breakfast Sandwich (sausage,egg,cheese) Cereal Fruit Juice Milk	15 Toast *Breakfast Scramble Cereal Fruit Juice Milk	16 Biscuit & Gravy Cereal Fruit Juice Milk	17 Blueberry Pancake Bites Scrambled Eggs Cereal Fruit Juice Milk	18 Breakfast Pizza Cereal Fruit Juice Milk
21 THANKSGIVING	22 NO SCHOOL	23 NO SCHOOL	24 THANKSGIVING	25 NO SCHOOL
28 French Toast Bites Scrambled Eggs Cereal Fruit Juice Milk	29 Breakfast Bagel (sausage,egg,cheese) Cereal Fruit Juice Milk	30 Biscuit & Gravy Cereal Fruit Juice Milk		

*New Breakfast item

November, 2016 Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Corn Dog Mac & Cheese Green Beans Fruit Salad Bar Milk	2 Pot Roast Mashed Potatoes & Gravy Roasted Carrots Dinner Roll Salad Bar/Fruit Milk	3 Cajun Chicken Pasta Italian Salad Breadstick Fruit Salad Bar Milk	4 Cheeseburger BBQ Beans Pasta Salad Fruit Salad Bar Milk
7 Chicken Parmesan Green Beans Breadstick Fruit Salad Bar Milk	8 Pineapple Glazed Ham Loaded Mashed Potatoes Dinner Roll Fruit Salad Bar Milk	9 Beef Soft Taco Refried Beans Chips Salsa Spanish Rice Fruit Salad Bar Milk	10 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Salad Bar Milk	Turkey & Dressing Mashed Potatoes & Gravy Green Bean Casserole Salad Bar/Fruit Cranberry Sauce Pumpkin Pie/Milk
14 Beef Burrito Bowl Cilantro Rice Queso Chili Beans Chips Salsa Fruit/Salad Bar Milk	15 BBQ Chicken Flatbread Italian Salad Fruit Salad Bar Milk	16 Rigatoni Breadstick Green Beans Fruit Salad Bar Milk	17 Pizza Caesar Salad Fruit Salad Bar Milk	18 Hot Dog Chili Sweet Potato Fries Fruit Salad Bar Milk
21 THANKSGIVING	22 NO SCHOOL	23 NO SCHOOL	24 THANKSGIVING	25 NO SCHOOL
28 Ham & Cheese Sub Italian Salad Carrot Sticks Fruit Salad Bar Milk	29 Chicken Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Salad Bar Milk	30 *Mexican Pizza Chili Beans Spanish Rice Chips Salsa Salad Bar/Fruit Milk		

*New Item